



**Dewing Park Swim Club  
Community Swim Lessons**

**Courses and Levels**

Class	Skill
Level 1 – Tadpoles	Underwater comfort, Floating Skills
Level 2 – Turtles	Front/Back Floating Skills, Rhythmic Breathing, Begin Arms
Level 3 – Seals	Freestyle, Side to Side Breathing
Level 4 – Sharks	Beginner Breast Stroke and Fly
Level 5 – Dolphins	Intermediate Breast Stroke and Fly
Level 6 – Orcas	Laps and Form

**Sessions - All Sessions are 6 lessons; 3 lessons per week for two weeks. Limit of 4 swimmers per lesson.**

Session	Levels	Dates	Time	Cost
Session I	1,2,3	June 15,2009 – June 25, 2009	Mon, Tue, Thu 5:00pm – 5:25pm	DPSC Members - \$65 Non-Members - \$85
Session I	4,5,6	June 15,2009 – June 25, 2009	Mon, Tue, Thu 5:35pm – 6:00pm	DPSC Members - \$65 Non-Members - \$85

Session	Levels	Dates	Time	Cost
Session II	1,2,3	July 6,2009 – July 16, 2009	Mon, Tue, Thu 5:00pm – 5:25pm	DPSC Members - \$65 Non-Members - \$85
Session II	4,5,6	July 6,2009 – July 16, 2009	Mon, Tue, Thu 5:35pm – 6:00pm	DPSC Members - \$65 Non-Members - \$85

Session	Levels	Dates	Time	Cost
Session III	1,2,3	July 20,2009 – July 30, 2009	Mon, Tue, Thu 5:00pm – 5:25pm	DPSC Members - \$65 Non-Members - \$85
Session III	4,5,6	July 20,2009 – July 30, 2009	Mon, Tue, Thu 5:35pm – 6:00pm	DPSC Members - \$65 Non-Members - \$85

**Complete Form and Return to Guard Shack. Lessons are first come, first serve. Spots are limited.**

Swimmer Last Name

Swimmer First Name

\_\_\_\_\_  
Age                      I   II   III  
                                 Session                      Level

Contact Person

(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Contact #

Email Address

Alternate Contact Person

(\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Alternate Contact #